

# EMOTIONAL PROCESSING TECHNIQUE

## IF NEED BE DOCUMENT AS YOU GO (See 3<sup>rd</sup> and 4<sup>th</sup> page)

Using a method of kinesiology or dowsing to access the subconscious mind to attain yes/no answers continue on. Definitions at the bottom of page 2.

1. Can I release an emotion related to (a person, place, condition, or thing etc....) at this time?      Yes; (Go to 1a)      No; (Go to 1b)
  - a. What type of emotion is it?
    - i. Is the emotion a Trapped Emotion?      Yes; (Go to 2)      No; (continue to ii)
    - ii. Is the emotion a Heart Wall?      Yes; (Go to 2)      No; (Go to 1b)
  - b. Is it an inherited emotion?      Yes; (Go to 1a)      No; (Go to 5)
  
2. (Formula to release)
  - a. What emotion needs to be released? (Use the Emotional Processing Chart)
    - i. Is the emotion in column (A or B)?
    - ii. Is the emotion in row (1, 2, 3, 4, 5, or 6)?
    - iii. Is it the (1st, 2nd, 3rd, 4th, or 5th) Emotion? (Continue to 2b)
  - b. Which direction will I pass the hand over the Governing meridian?
    - i. Front to Back (Upper Lip to Base of Skull)
    - ii. Back to Front (Base of Skull to Upper Lip)      (Continue to 2c)
  - c. What is the total number of passes?      (Continue to 2d)
  - d. Which hand do I use to release this emotion?
    - i. Left
    - ii. Right      (Continue to 2e)
  - e. Do I need more information?      Yes; (continue to 2ei)      No; (Go to 2f)
    - i. Using intuition examples could include
      1. Is there a tool to help release (1, 2)? (Use what you have)
        - a. Magnet
        - b. Crystal
        - c. Other object
      2. Was it inherited?
      3. The age the emotion was created?
      4. Where it is lodged in the body?
      5. Or anything else you are led to inquire.
    - ii. Once you have derived the information      (Go to 2f)

- f. Using formula (2) Say; I am releasing the (1a) of (2a) related to (1)(2e) from my (whatever you feel led to release for example; family, blood, bones, DNA, Time, Dimensions, etc....)
3. Do I need to do more to release (1, 2a) at this time?
- |  |                               |                |
|--|-------------------------------|----------------|
|  | Yes; (Go to 3a)               | No; (Go to 5)  |
| a. Is it best to do additional passes?   | Yes; ask how many? (Go to 2g) | No; (Go to 3b) |
| b. Is it best to do an additional Emotion?   | Yes; (Go to 1a)               | No; (Go to 3c) |
| c. Does the space the emotion was removed from need to be filled with another vibration? | Yes; (Go to 4)                | No; (Go to 1b) |
4. Using your intuition ask what the cleared space in your being should be replaced with? (for example; the opposite of what has been released, peace, love, joy, etc....)
- a. Which direction will you pass the hand over the Governing meridian?
- Front to Back (Upper Lip to Base of Skull)
  - Back to Front (Base of Skull to Upper Lip) (Continue to 4b)
- b. What is the total number of passes?  
(Continue to 4c)
- c. Which hand is ideal to instill the new vibration?
- Left
  - Right (Continue to 2d)
- d. Is it best to use just my hand? (If you have no tools use just your hand; go to 2f)
- |  |                 |                |
|--|-----------------|----------------|
|  | Yes; (Go to 2f) | No; (go to 2e) |
|--|-----------------|----------------|
- e. Is there a tool to will help instill a new vibration? (Use what you have)
- Magnet
  - Other (Continue to 2f)
- f. Using the Formula (4a-4e) say; I am filling myself with (4), (4), (4).  
Go to (3)
5. You are finished; Congratulations!!!!

### DEFINITIONS

- TRAPPED EMOTION= An emotion that has not been processed and released
- HEART WALL= A barrier around the heart to protect the heart from feeling an intense trapped emotion, which also prevents the full functioning of the hearts energy field on the system
- INHERITED EMOTION= An emotion that was not initially created by the holder of the emotion but has been taken on from another source
- GOVERNING MERIDIAN= Primary Yang Meridian(masculine) or energy channel of the body, runs from perineum up the back over the head to the upper pallet in the human mouth